COMMERCIAL NAME: **Balance Program**
CONTENT: shaker drink more water, milk chocolate pouch 510 g,
caffè latte pouch 510 g, blissful banana pouch 510 g, simply vanilla pouch 510 g,
multivitamin (daily boost) 30 tablets, multimineral (mighty nine) 30 tablets, carnitine (dry energy) 60 capsules, q10 (dynamic q10) 45 softgels, omega 3 (ultra omega 3) 90 softgels, high tech antioxidant (high tech AOX) 45 capsules, magnesium (water relax) 120 tablets, balanced sugar system 30 capsules, skin wash lemongrass 500 ml, user manual

RAINPHARMA

PRODUCT DESCRIPTION
The Balance Program is a nutrition plan that focuses on sustainable weight management by adopting a healthy lifestyle. The program is designed for the long term and consists of three different phases. Throughout the journey, you'll focus on a varied, unprocessed diet, sufficient exercise, and quality sleep. RainPharma protein shakes and nutritional supplements support you along the way. In this box, you'll find everything you need to get started right away: eight orthomolecular nutritional supplements, four protein shakes, and a shaker. But it's not just your body on the inside that gets the best care. Your skin deserves attention too. That's why this box also includes a plant-based Skin Wash Lemongrass for a natural and refreshing shower ritual. With RainPharma, you take care of yourself—inside and out.

Le Balance Program est un programme nutritionnel conçu pour une gestion durable du poids grâce à un mode de vie sain. Il s'inscrit sur le long terme et se compose de trois phases. Tout au long du parcours, vous privilégiez une alimentation saine et naturelle, une activité physique suffisante et un sommeil réparateur. Les shakes protéinés et compléments alimentaires RainPharma vous accompagnent dans ce processus. Dans cette boîte, tout est réuni pour commencer immédiatement : huit compléments alimentaires orthomoléculaires, quatre shakes protéinés et un shaker. Mais prendre soin de soi ne s'arrête pas à l'intérieur. Votre peau mérite aussi le meilleur. C'est pourquoi la boîte contient un Skin Wash Lemongrass d'origine végétale, pour un rituel de douche naturel. Avec RainPharma, vous prenez soin de vous, de l'intérieur comme de l'extérieur.

Het Balance Program is een voedingsprogramma dat inzet op duurzame gewichtscontrole door het aannemen van een gezonde levensstijl. Het programma werkt op lange termijn en bestaat uit drie verschillende fasen. Tijdens het traject zet je in op gezonde, onbewerkte voeding, voldoende beweging en een goede nachtrust. De RainPharma eiwitshakes en voedingssupplementen gebruik je ter ondersteuning. In deze box vind je alles wat je

nodig hebt om meteen van start te gaan: acht orthomoleculaire voedingssupplementen, vier eiwitshakes en een shaker. Niet enkel je binnenkant verdient echter de beste verzorging. Ook je buitenkant krijgt de nodige aandacht. Daarom vind je ook een plantaardige Skin Wash Lemongrass in je box, voor jouw natuurlijk doucheritueel. Zo werkt RainPharma niet alleen vanbinnen, maar ook vanbuiten.

THIS BOX CONTAINS

shaker drink more water, milk chocolate pouch 510 g, caffè latte pouch 510 g, blissful banana pouch 510 g, simply vanilla pouch 510 g, multivitamin (daily boost) 30 tablets, multimineral (mighty nine) 30 tablets, carnitine (dry energy) 60 capsules, q10 (dynamic q10) 45 softgels, omega 3 (ultra omega 3) 90 softgels, high tech antioxidant (high tech AOX) 45 capsules, magnesium (water relax) 120 tablets, balanced sugar system 30 capsules, skin wash lemongrass 500 ml, user manual

INGREDIENTS

Shakes milk chocolate *Whey protein concentrate WPC (**milk**, emulsifier: sunflower lecithin), fat-reduced cocoa powder, chicory inulin, whey protein isolate WPI (**milk**, emulsifier: sunflower lecithin), vegetable fibres, flavouring, thickeners (guar gum, xanthan gum), sweeteners (enzymatically produced steviol glycosides, steviol glycosides from Stevia).* ***caffè latte*** *Whey protein concentrate WPC (**milk**, emulsifier: sunflower lecithin), chicory inulin, flavouring, decaffeinated coffee extract 3%, whey protein isolate WPI (**milk**, emulsifier: sunflower lecithin), vegetable fibres, thickeners (guar gum, xanthan gum), sweeteners (enzymatically produced steviol glycosides, steviol glycosides from Stevia).* ***blissful banana*** *Whey protein concentrate WPC (**milk**, emulsifier: sunflower lecithin), chicory inulin, whey protein isolate WPI (**milk**, emulsifier: sunflower lecithin), vegetable fibres, flavouring, thickeners (guar gum, xanthan gum), sweeteners (enzymatically produced steviol glycosides, steviol glycosides from Stevia), colour (carotenes).* ***simply vanilla*** *Whey protein concentrate WPC (**milk**, emulsifier: sunflower lecithin), chicory inulin, whey protein isolate WPI (**milk**, emulsifier: sunflower lecithin), flavouring, vegetable fibres, thickeners (guar gum, xanthan gum), sweeteners (enzymatically produced steviol glycosides, steviol glycosides from Stevia).* ***Food Supplements multivitamin*** *Bulking agent (microcrystalline cellulose), magnesium bisglycinate, vitamin C (calcium L-ascorbate), glazing agents (hydroxypropyl methyl cellulose, talc, hydroxypropyl cellulose), vitamin B5 (calcium D-pantothenate), vitamin B3 (nicotinamide), vitamin B12 (methylcobalamin), vitamin E (D-alpha-tocopheryl acetate), zinc mono-L-methionine sulphate, vitamin K2 (menaquinone-7), biotin (D-biotin), vitamin B1 (thiamin hydrochloride), vitamin B2 (riboflavin), L-selenomethionine, vitamin B6 (pyridoxal 5'-phosphate), vitamin A (retinyl acetate), copper bisglycinate, chromium picolinate, 5MTHF-glucosamine (Quatrefolic®), potassium iodide, anti-caking agents (silicon dioxide, mono- and diglycerides of fatty acids, magnesium salts of fatty acids), colouring food (concentrate of radish (Raphanus sativus L.), blackcurrant (Ribes nigrum L.) and apple (Malus domestica Borkh.)), medium chain triglycerides, colour (riboflavin), humectant (glycerol).* ***multimineral*** *Calcium salts of orthophosphoric acid, bulking agent (microcrystalline cellulose), inositol, glazing agents (hydroxypropyl methyl cellulose, talc, fatty acids, microcrystalline cellulose, hydroxypropyl cellulose), sodium molybdate, zinc citrate, selenium enriched yeast, vitamin K2 (menaquinone-7), vitamin D3 (cholecalciferol), manganese bisglycinate, chromium picolinate, anti-caking agents (mono- and diglycerides of fatty acids, magnesium salts of fatty acids), colour (iron oxides and hydroxides), humectant (glycerol).* ***carnitine*** *Acetyl-L-carnitine hydrochloride, plant-based capsule (hydroxypropyl methyl cellulose), vitamin C (magnesium L-ascorbate), anti-caking agents (silicon dioxide, magnesium salts of fatty acids), colour (iron oxides and hydroxides).* ***q10*** *Canola oil (Brassica napus L.), emulsifier (polyglycerol esters of fatty acids), modified starch, humectant (glycerol), ubiquinol, thickener (beeswax), gelling agent (carrageenan), colour (plain caramel), acidity regulator (sodium*

phosphates), emulsifier (soy lecithin). ***omega 3*** *Omega-3 fish oil, gelatine, humectant (glycerol), vitamin E (D-alpha tocopherol).* ***high tech antioxidant*** *Vitamin C (calcium L-ascorbate), plant-based capsule (hydroxypropyl methyl cellulose), sodium salt of R-alpha-lipoic acid, L-glutathione reduced, curcuma extract (Curcuma longa L.) (95% curcuminoids complex), molybdenum (sodium molybdate), vitamin E (D-alpha-tocopheryl acetate), melon juice concentrate (Cucumis melo L.) (SOD 140 IU), selenium (L-selenomethionine), vitamin A (retinyl acetate), bulking agent (microcrystalline cellulose), colour (copper complexes of chlorophyllins).* ***magnesium*** *Potassium (potassium gluconate), bulking agent (microcrystalline cellulose), magnesium (magnesium malate, magnesium bisglycinate, magnesium citrate, magnesium taurate, magnesium glycerophosphate), anti-caking agent (mono- and diglycerides of fatty acids), glazing agents (hydroxypropyl methyl cellulose, hydroxypropyl cellulose), bulking agent (calcium phosphates), stabilisers (magnesium salts of fatty acids, fatty acids, beta-cyclodextrin), colour (iron oxides and hydroxides), humectant (glycerol).* ***balanced sugar system*** *White mulberry extract (Morus alba L.) standardised on 5% 1-deoxynojirimycin (Reducose®), quercetin and phospholipids complex (quercetin (from Sophora japonica L. (Japanese pagoda tree)), emulsifier (sunflower lecithin), maltodextrin, anti-caking agent (silicon dioxide)), bulking agent (gum arabic), plant-based capsule (hydroxypropyl methyl cellulose), vitamin B6 (pyridoxal 5'-phosphate), vitamin B2 (riboflavin), anti-caking agents (calcium carbonate, calcium phosphates), colouring food (carrot concentrate (Daucus carota L.)).* ***skin wash lemongrass*** *Coco-Glucoside, Aqua, Glycerin, Glyceryl Oleate, PCA Glyceryl Oleate, Cymbopogon Flexuosus Oil, Citral, Caprylyl/Capryl Glucoside, Propanediol, Sodium Levulinate, Sodium Cocoyl Glutamate, Citric Acid, Sodium Anisate, Geraniol, Lactic Acid, Limonene, Linalool, Isoeugenol, Hydrogenated Palm Glycerides Citrate, Tocopherol.*